

## Think About This . . .



**\$2/pay period** will educate expectant parents on how to prevent birth defects.

**\$3/pay period** will buy nutritional supplements to help nourish a frail adult dialysis patient.



**\$10/pay period** will buy 2,400 cans of food for a local food bank.

**\$20/pay period** will provide one month of transitional housing and support services for a homeless family.



**\$30/pay period** will fill the gas tanks of 8 staff members as they deliver food, emergency supplies and counseling to more than 400 children in need.

**\$50/pay period** will help one school teach children to manage their asthma.



**\$80/pay period** will assist one person with the purchase of a wheelchair, leg braces or a communication device.

**\$100/pay period** will ensure that hundreds of cancer survivors have access to a support group for three months.



**For a small gift .... You can make a BIG difference!**